

Dear Patient,

You have chosen the reliable dental implant solution from TRI®. The careful care of your implant, especially after surgery, is extremely important for the success of your treatment.

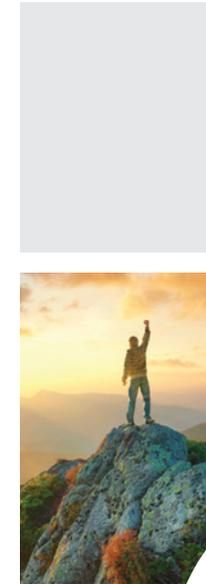
In this leaflet, you will find important information regarding the following:

- Implant surgery aftercare
- When should you seek to speak to your dentist?
- Oral hygiene and care

Eating, drinking and laughing without a care? All of this will be possible again! TRI® Implants improve the patient's quality of life all over the world every day and they will guarantee a natural smile for the rest of your life!

Now it's up to you as a patient to keep your implants working successfully.

*Your dentist and the TRI® Dental Implants Team*



TRI Dental Implants Int. AG

Designed and Manufactured by TRI® in Switzerland   
www.tri.swiss

## Immediately after the surgery

**REACTION ABILITY** Immediately after the implant surgery, your reaction ability will be impaired for several hours due to the anaesthesia or other given medication. You should not drive a vehicle for several hours after the surgery. You must have a dedicated driver available, who will take you home.

**ICING** To reduce pain and prevent swelling, you will need to ice the area immediately after the surgery and for the next several days (2-3). Place a moist towel on the outside of your cheek.

**FOOD AND DRINK** For the first days after the implant surgery you should avoid alcohol, nicotine, coffee, black tea and fresh dairy products. During the first days you should eat soft foods, which are not too hot. Please be extremely careful when chewing and do not use the treated side. Do not smoke. This significantly reduces the risk of rebleeding and contributes to better wound healing.

**SITTING / SLEEPING** Sitting up will support the healing process and is better than lying down. Please try not to sleep lying down flat and place a thick pillow underneath your head. You should not lie on the side where the implant was placed.

**MEDICATION** Take your prescribed medication according to your dentist's instructions.

**PHYSICAL STRAIN** Prevent any types of sport and any physical strain on your body during the first few days after the surgery.



## When should you seek to speak to your dentist?

If one or more of the following situations occur, please talk to your doctor/dentist immediately:

- Pulsating pain
- If the numbness exceeds 12 hours after surgery
- Pain and swelling last longer than a few days after the surgery
- Recurring bleeding
- Loosening of the provisional



## Oral hygiene and care

**IMMEDIATELY AFTER THE SURGERY** During the healing phase you must not use a dental/tooth brush in the area of the implant and prevent excessive rinsing.

**CLEANING TEETH** Regularly clean your teeth (3 times daily). Use a soft tooth brush or electrical tooth brush for the cleaning of your teeth and change it regularly. Please also use the additional tools given or recommended to you by your dentist. Clean your teeth on the outside, on the inside and on the top (chewing surface).

**MOUTHWASH** Once the initial wound is healed, rinse in the morning and in the evening as well as after meals with chlorhexidine mouth wash solution (ask your dentist for more information) or a chamomile solution.

**FOLLOW-UP EXAMINATIONS** Regular follow-up examinations and prophylaxis appointments with your dentist are necessary. Your dentist will discuss your individual dental care program with you.

